From the Principal

Just a reminder that with the school holidays looming, the first two days back next term are School Development Days. Students return on Wednesday 1st May. Staff will be working on a number of areas on these first two days with the implementation of the Australian Curriculum and new English syllabus being one of the major focuses. It is mandatory that schools implement this in the 2014 school year.

Our students have met a Positive Behaviour for Learning (PBL) milestone and as a result have earned a whole school reward. As a result of this on Thursday we will be providing a free BBQ for every child in the school. Students do not have to bring their lunch, unless parents do not wish them to have a sausage sizzle. We will have gluten free sausages and bread available for those who need it. Please let your class teacher know if this is the case.

For the first four weeks back next term I will be relieving as the School Education Director (SED) for the Dubbo Group of Schools (GOS). Mrs Munro will relieve as principal in my place. I will base myself out of our school as much as possible however will be on the road quite a bit meeting with the principals in the thirty schools which comprise Dubbo GOS. Mrs Furney, our SED, is travelling to Harvard University to undertake a short course, hence the need for someone to act on her behalf.

Congratulations to our senior students who are role modelling the wearing of the correct uniform, including shoes, to the rest of the school. We are very impressed with the number of students who are wearing black shoes and I am sure parents appreciate this as it takes the “competition” out of who wears what!

Year 6 have their leadership camp on first week back which I am sure they are looking forward to. Mrs Susan Mestrom, our new Assistant Principal (AP) on Stage 3, will certainly hit the ground running with this on in her first week at our school!

I would like to publicly thank Mrs Herbertson and Ms Kenworthy for the excellence of their efforts whilst relieving on the classes to be taken by the two new APs next term. Mrs Mestrom (Stage 3) and Mrs Barker (Stage 1) have been attending our weekly executive meetings as a transition in to their new positions and are already well aware of many of the management issues needed in these roles. Obviously they are not fully cognisant of everything however have had smoother starts then most taking up new positions due to their proximity, ability and willingness to become involved with our school prior to commencement.

I hope everyone has an enjoyable break over the school holidays and I look forward to Term 2 which is already shaping up as very busy.

Craig Renneberg

“I think happiness is what makes you pretty. Period. Happy people are beautiful. They become like a mirror and reflect that happiness.”

Drew Barrymore

Head Lice

Over the last few weeks head-lice have been prevalent on Kinder heads. It would be timely to check your child’s hair this week, going into the holidays. If you do find eggs please take the appropriate measures. Thank you

School Dance

When: Wednesday 10 April
Where: Orana Heights Public School Auditorium
Time: K-2 4.30 - 6pm   Y3-Y6 6.15 - 7.45pm
Theme: Rock n Roll
Cost: $3 (includes a drink, packet of chips and lots of Dancing) - funds raised goes towards the Hearing Bus Fund.

K-2 students wouldn’t have received a note. Just turn up.

Years 3—6 should have returned their note to attend.

Claim the date - Grandparents Day - Wednesday 5 June 2013

APP OF THE WEEK: FLASHGRAM

A fun way to quiz students about grammar with over 100 grammar questions. Nouns, verbs, pronouns and adjectives.

OUT OF UNIFORM DAY—THIS THURSDAY. GOLD COIN DONATION

Oakey Dokey says...

At Down under place
Respect is hands, feet and mouth to self
Responsibility is a food free area
Safety is sitting on seats
### Oakey Dokey Award Winners

**Honour**

- Kale Andrews x 2
- Makayla Fuller
- Lucy Pabje
- Ashton Osborne
- Beau Barrett
- Leah Marchant
- Josie Perry
- Georgia Shortall
- Jayden Adams-Wells
- Josh Tomas
- Jaylan Hill
- Nicholas Johnson-Small
- Chloe-Ann Owers
- Emily O’Dea
- Brock Hutchinson x 2
- Kenzie MacFarlane
- James Shanks

**Distinction**

- Emily O’Dea
- Brock Hutchinson x 2
- Kenzie MacFarlane
- James Shanks

**Medal**

- George Munro
1M Pen Pal Visit

1M has been very busy this term writing letters to their pen pals from South Dubbo Primary.

This has been a fantastic way for Mrs McTiernan and Miss Mackay to inspire and motivate lots of writing in 1M.

Yesterday our pen pal class 1/2G from South Dubbo Primary came to visit us! We made chatterboxes, which inspired lots of chatting between pen pals. We ate a picnic lunch together and then played cooperative games. 1M all had the most amazing time getting to know their pen pals in person! Hopefully it will be 1M’s turn to visit 1/2G at South Dubbo Primary next term.
**Kindergarten**

Home-reading books will be sent home on Wednesday of Week One. Please help your child with reading the book, sign the card only once and return the folder to school the next day. The mums and grandmas who have offered to change the readers at school can begin on Thursday if that was your nominated day. Thank you. ES1 Teachers

**Sport News**

**Paul Kelly Cup AFL Competition**

Last Wednesday 3rd April a boys and a girls team represented OHPS at the annual Paul Kelly Cup AFL competition at South Dubbo Oval. The boys played matches against South Dubbo, Dunedoo and St Pius. The boys team finished second and the girls team were third on the day. The boys team will now travel to Bathurst on Monday 3rd June to compete in the regional finals of the competition.

Congratulations to all the players on their effort and sportsmanship on the day. It was a great opportunity to learn new skills and a different sport. Mr G Jones

**Girls Team—AFL**

Last Wednesday we went to South Dubbo ovals to play Paul Kelly Cup AFL. First we played Dunedoo and won. Then we played St Pius and won, we played South Dubbo and we lost and the last game we played St Pius Two and we won. The girls team included Payton Harris, Taneka Todhunter, Hailey May Ley Andrews, Reqann Taleb, Eboni Marr, Tyra Todhunter, Jaylan Hill, Kim Derrick, Kaiesha Clarke-Russo, Dilara Mohammadhogre, Zara Warwarek, Zoe-Anne Walker and Imogen Taylor. We had lots of fun and learnt lots more things about Aussie Rules.

Eboni and Raqann

**Boys Team—AFL**

Last Wednesday we played AFL in the Paul Kelly Cup. We played Dunedoo and won 22-8. Then we played St Pius Two and beat them 58-0. We played Dubbo South and won 17-14. We then played St Pius One and lost to them. The boys in the team were Lachlan Keller, William Fahy, Samuel Bass, Aiden Lake, Kenny Bell, Rhys French, Brayden Birbiles, Angus Schoeffel, Mitchell Ashford, Harrison Willis, Josh Tomas, Jackson Pearson Miller and Brandon Dennis. We had a good day because we won 3 out of 4 games. We are going to Bathurst to play the next round.

Will and Lachlan

**Japanese Gardens Excursion—Year 2**

On Thursday the 4th April, Year 2 students from Orana Heights Public School had the opportunity to go on an excursion to the Shoyoen Japanese Gardens. We all had a wonderful time! There were lots of activities that had been arranged for the children to enjoy and learn from. The students walked around the gardens in small groups, with an adult and a map, as they completed fun hands on activities.

Students created a beautiful water lily from tissue paper. They played picture bingo as they found plants, animals and features of a wet land environment. We looked for plants growing in the Biodiversity Garden. We related these to plants used by Aboriginal people to be used for food, medicine and tools.

Students even planted a succulent cutting on a fantastic turtle sculpture. Maybe the students favourite activity was when students used a dip-net and water tray to find a dragon fly in the pond at the sensory garden. All the students had a wonderful time at the Shoyoen Japanese Gardens. We would like to thank the staff there for the opportunity to take our students for this excursion. Whilst these activities were set up specifically for the school, we would recommend all the families go here for an outing. It is lovely and peaceful as well as free. It is a great place to consider visiting during these school holidays.

Ciara Beetson and Eve Laliz Having a great time at the Shoyoen Japanese Gardens.
Stage 2 Excursion to Western Plains Cultural Centre.
On Monday 8th April Stage 2 classes enjoyed a fantastic excursion to the Western Plain Cultural Centre as part of our HSIE unit “Places, Then, Now and Tomorrow”.

It was wonderful to experience school life the way they did in the old days. The classroom at the Cultural centre was set up just like it would have been in the 1950’s. Our guides told us lots of stories about the differences between how school was compared to how it is now. It sounded like school was a lot of hard work compared to how it is now!!

We toured the old Dubbo High School rooms and saw how they are being used now. It’s great to see so many community groups using the buildings for very different purposes.

In the museum we were able to see some of the oldest tools used in Wiradjuri country. The students were amazed to learn that the first people from the Dubbo area were known to trade with other Aboriginal nations right across Australia. We were so glad that there have been so many advancements made in technology especially in the area of dentistry! The mobile dentist’s drill looked like an implement of torture!

All the teachers were very proud of the way that our students represented our school. They were all responsible, respectful and safe. Well done everyone!

The teachers would like to make a special mention of the parents and grandparents who attended the day with us. It was lovely to share it with you! Particular thanks to those who walked down and back with us, or transported our morning tea. You are fabulous people and we appreciate your help and commitment to your children!

A special thanks to Mrs Jo Thompson who organised our excursion, and brought us some fresh fruit at the Centre, even though she has been away from school. She is a champion!

Stage 2 teachers:
Mrs Radburn, Mr Kinscher, Miss Wheeler, Mrs McIntosh, Mr Wetton, Mrs Duncan, Mrs Winters and Mrs Blatch.

Congratulations to Taneka Todhunter and Hayley-May Ley-Andrews. The girls were elected as Orana Heights Public School Junior AECG Representatives

Congratulations to George Munro on receiving his medal. This is the highest welfare award received at our school.
DUBBO BASKETBALL ASSOCIATION
Juniors Registration Date
Have A Go Evening 12 April 4.30 – 6.30pm

WHEN: Friday 12 April 4.30 – 6.30pm
WHERE: Dubbo Sportsworld, Sheraton Road
WHO: Kids aged 5-18. FOR MORE INFORMATION PHONE: Cherie Forrester 6882 7766

The Archer Study
Orana Heights Public School is proud to support this important research. With over 300 participating families across the region, the study is still open to families who wish to join before the start of Term 2. If your child is in Year 5, 6 or 7 and you have been thinking about being part of the study, please contact them by the closing date on Friday 26th April. For further information, Mrs Karen Paxton can be contacted on 6882 0288 or via mail at karen.paxton@sydney.edu.au or via the website www.archerstudy.org.au.

Woolworths Earn and Learn
This year Woolworths are again offering rewards for the school every time you shop in their store. From Monday 8th April, when you shop at Woolworths you can collect Woolworths Earn & Learn Points from the checkout operator and place them on Woolworths Earn & Learn Points Sheets. When the chart is full it can be brought in to school and posted in the Earn and Learn box in the office foyer or at the Woolworths store. A points sheet will go home with each newsletter today, when you have filled this you can collect another one from the front office or download the sheet from woolworths.com.au/earn and learn. At the end of the program the stickers are counted and then points are awarded to the school for ordering of resources. Thank you for supporting the school.

Yum! Yum! Encouraging young children to try new foods

Ensuring your child tries a wide variety of foods is important so that they receive the nutrients they need to help their developing body. It isn’t always easy though, so here are some helpful tips to encourage your child to try new foods:

- **Taste**: A taste can be as small as ½ teaspoon. You can then work towards the child tasting a larger amount over time.
- **Take it slow**: Offer only one new food at a time.
- **Be a role model**: If a child sees you eating it, they are more likely to try it themselves.
- **New with the old**: Offer an unfamiliar food with a familiar one.
- **Persistence**: Some children need to be offered a food more than 10 times before most will try it. You should continue to offer a food (whether or not it is eaten) as they are likely to eventually give a non-familiar food a try.
- **Helpers**: Encourage your child to help prepare the food with you – they will be more likely to taste it.
- **Praise**: If your child tries a new food provide praise or create a sticker chart.

It can be a challenging time for parents when trying to encourage a child to attempt new foods but hopefully these strategies will assist you in setting your child on a nutritious and healthy path!